

Physical Education Leadership 12

Students will be expected to

Module 1: Defining Leadership

- 1.1 demonstrate an understanding of positive and effective leadership through leading physically active experiences in micro-teaching* settings among peers and/or during Module 3
- 1.2 apply and critique various leadership skills through leading physically active experiences in micro-teaching settings among peers and/or during Module 3
- 1.3 apply and critique various leadership styles through leading physically active experiences in micro-teaching settings among peers, and to connect the knowledge to experiences outside of physical activity and beyond high school
- 1.4 identify and critique their own leadership styles and set goals and provide a rationale to maintain or modify current leadership styles

Module 2: Effective Leaders

- 2.1 investigate characteristics of effective leaders in history and effective leaders from their past and critique them
- 2.2 apply effective verbal and non-verbal communication skills while serving as leaders through physically active micro-teaching settings among peers and/or during Module 3
- 2.3 apply knowledge of group dynamics while serving as leaders through leading physically active experiences in micro-teaching settings among peers and/or during Module 3
- 2.4 demonstrate an understanding of the planning, scheduling, and organization required to lead effectively during micro-teaching settings and/or during Module 3

Module 3: Leading through Service

- 3.1 convey what service learning projects are, their benefits, and what service projects should not be
- 3.2 initiate a needs assessment for their leadership role within a group, and a needs assessment for the service learning project to be implemented
- 3.3 implement a service learning project in the community and continuously reflect on (and adjust as necessary) their leadership effectiveness throughout the project
- 3.4 demonstrate an understanding of the importance of inclusive language (related to such constructs as gender, sexuality, race, and ability) while serving as leaders
- 3.5 demonstrate an understanding of risk-management responsibilities when leading others
- 3.6 present a summary report of the service learning experience for future groups to learn from and build on
- 3.7 identify potential leadership opportunities beyond high school and determine how to explore such opportunities

* micro-teaching: 3 to 4 students in a group