

# Health and Human Services 12

Health and Human Services 12 may be either an open or an academic credit. The specific curriculum outcomes identified by an **asterisk (\*)** may be omitted by students who wish to receive the Open Credit.

## Learning Outcomes

Students will be expected to

1. identify the personal traits relevant to the helping careers associated with the health and human services field
2. identify the role of volunteers in the health and human services field
3. demonstrate an awareness of the social and health care systems and how to access the services they provide
4. identify career opportunities in the health and human services field
5. understand the need for caregivers to maintain personal and professional skills

## Specific Curriculum Outcomes

Students will be expected to

### Unit 1: Overview of the Helping Field

- 1.1 demonstrate an understanding of the nature of helping careers
- 1.2 identify their personal traits that make them suitable for working in the helping careers
- 1.3 identify the factors that influence the health of a community
- 1.4 explain the relationship between personal wellness and the determinants of community health
- 1.5 identify the components of personal wellness
- 1.6 develop a plan for personal wellness
- 1.7 understand the impact of health and human service practitioners on personal wellness throughout the life cycle
- 1.8\* identify the determinants of health and report on how they influence the health of a community

### Unit 2: Volunteer Experience

- 2.1 demonstrate an understanding of the important role of the volunteer in society
- 2.2 describe the roles and responsibilities of volunteers in the human services field
- 2.3\* analyze and explain the difference between volunteering and community service
- 2.4 participate in a volunteer placement in their home community
- 2.5 gain experience volunteering in a position that supports their community
- 2.6\* communicate the benefits gained through their volunteer placement

### Unit 3: Health and Human Systems: A Systems Approach

- 3.1\* identify and report on the demographic trends that have an impact on the need for health and human services
- 3.2 identify services in the community
- 3.3 demonstrate how to access services in the community
- 3.4 describe the role of an advocate in the human services system

### Unit 4: Career Connections and Pathways

- 4.1 identify specific career opportunities in health and human services in their community
- 4.2 develop skills in career exploration
- 4.3\* compare and contrast the differences in education opportunities and how they relate to occupations
- 4.4 identify lifelong career connections
- 4.5 identify career opportunities in the helping field
- 4.6 maintain a LifeWork Portfolio

### Unit 5: Personal and Professional Skills

- 5.1\* demonstrate an understanding of professionalism in the health and human services domain
- 5.2 reflect on their progress in maintaining their plan for personal wellness
- 5.3 develop strategies for addressing health and human service-related values
- 5.4 identify effective communication skills specific to health and human services
- 5.5 demonstrate an understanding for the need to work as a team to provide support
- 5.6\* develop and share your understanding of the role of an advocate