

# Child Studies 11

## Unit Outcomes

Students will be expected to

1. demonstrate knowledge of parenting and family relationships
2. demonstrate knowledge and understanding of human development
3. demonstrate knowledge of the needs of and care for infants and children
4. demonstrate knowledge of interacting with infants and children
5. demonstrate knowledge of community connections that support the care and welfare of children
6. demonstrate knowledge of career opportunities related to the care and welfare of children
7. apply child development theories to practical experiences and situations with infant, preschool, and young children in a practicum setting
8. identify and research local and global strategies that support the care and welfare of children locally and globally

## Specific Curriculum Outcomes

Students will be expected to

### Unit 1: Parenting in Canada

- 1.1 identify the reasons for and methods of studying children
- 1.2 identify and evaluate various child-rearing practices, beliefs, and techniques practised in our past
- 1.3 describe personal, psychological, physical, financial, and philosophical readiness for parenting
- 1.4 analyze the impact of individual choices of choosing to parent or not to parent
- 1.5 evaluate the role of contraception in planned parenting and personal health
- 1.6 differentiate between various contraceptive options
- 1.7 determine and discuss the issues involved in teen pregnancy and parenting
- 1.8 identify ways of becoming a parent
- 1.9 describe and explain parenting roles, responsibilities, and challenges experienced by caregivers and extended family
- 1.10 reflect on the influence of family, caregivers, and community on the development of children

### Unit 2: Beginning of Parenthood

- 2.1 describe the male and female reproductive systems and the process by which fertilization takes place
- 2.2 describe how personal characteristics are inherited
- 2.3 identify the role of medical technology and its impact on human reproduction
- 2.4 identify and describe the phases of fetal development
- 2.5 describe the maternal changes during the three trimesters of pregnancy and the importance of prenatal health
- 2.6 describe the processes of labour and delivery
- 2.7 identify causes of complications in prenatal development, labour, and delivery
- 2.8 describe the importance and role of services available to families for prenatal and postnatal care

## Unit 3: Human Growth and Development

- 3.1 identify the characteristics and areas of human growth and development
- 3.2 identify and examine theories of human growth and development
- 3.3 identify appropriate and inappropriate caregiving behaviours that influence growth and development
- 3.4 describe the care for the newborn with emphasis on feeding, personal care, and initial bonding
- 3.5 identify possible complications and the care that may be required for the mother and newborn throughout the postnatal period
- 3.6 explain the methods of caregiving and nurturing infants during the first year of life and stimulating their physical, emotional, intellectual, and social development
- 3.7 identify caregiving behaviours that promote a healthy and nurturing environment
- 3.8 identify and describe different parenting styles and assess their influence on family dynamics
- 3.9 identify effective techniques for encouraging appropriate behaviour and effective ways to handle misbehaviour in children
- 3.10 identify reliable resources for parenting information
- 3.11 recommend food choices and physical activities that promote healthy development for infants and young children

## Unit 4: Relationships with Children

- 4.1 identify and demonstrate effective communication skills to create healthy parenting/caregiving relationships with children
- 4.2 demonstrate effective communication skills appropriate for resolving conflicts
- 4.3 define, describe, and explain how play enhances the development of infants and preschool children
- 4.4 identify types and stages of play
- 4.5 categorize play activities, toys, and games according to an infant/preschool child's stage of development
- 4.6 demonstrate how caregivers can use art, drama, literacy, media, music, and play to support children's growth and development
- 4.7 identify resources for caregivers to support development of the learning relationship

## Unit 5: Community Connections

- 5.1 research cultural differences related to early childhood development and parenting
- 5.2 identify and analyze models that describe the different ways of learning
- 5.3 identify the care requirements of children with special needs
- 5.4 research and report on policies and guidelines in Nova Scotia that relate to child care services
- 5.5 identify and describe the attributes of quality daycare
- 5.6 identify agencies and organizations that support child well being and safety in Canada

## Unit 6: Career Connections

- 6.1 research careers that provide services for infants, children, and families
- 6.2 identify how to develop skills that would contribute to working successfully with children

## Unit 7: Practicum

- 7.1 develop and demonstrate skills related to the care of an infant
- 7.2 demonstrate an understanding of child development when observing and interpreting children's behaviour
- 7.3 provide support for early childhood development by interacting with young children in a variety of settings

## Unit 8: Global Connections

- 8.1 investigate global issues relating to the health and wellness of children around the world
- 8.2 identify national and international supports for child welfare
- 8.3 identify levels of support individual citizens can provide for impoverished children