

# Canadian Families 12

## Learning Outcomes

Students will be expected to

1. explore the mosaic of Canadian families through historical, present, future, and cultural perspectives
2. recognize the factors that contribute to family well-being
3. analyze the parenting skills, qualities, and responsibilities of families within Canadian society
4. explore the various issues encountered by family members supporting the emerging adult
5. examine the roles and responsibilities of individuals and society as family members age
6. investigate and examine the impact of issues that affect families

## Specific Curriculum Outcomes

Students will be expected to

### Unit 1: Images of Canadian Families

- 1.1 reflect on the roles and responsibilities of families
- 1.2 analyze the demographic trends of families and predict the implications for Canadian families and society
- 1.3 explore how Canadian families and Canadian society influence each other
- 1.4 develop a definition of family within the context of Canadian society
- 1.5 identify the possible stages of an individual's family life cycle

### Unit 2: The Foundation of Family Well-Being

- 2.1 explore the components and dynamics of which healthy personal relationships are comprised
- 2.2 identify factors of healthy personal relationships that might evolve into a family entity
- 2.3 analyze the trends of committed relationships and marriage as well as predict the implications for families in Canadian society
- 2.4 identify the spectrum of behaviours, qualities, and values that are foundational to healthy families and recognize their impact on setting family priorities
- 2.5 identify how personal and family wellness impacts an individual's ability to be a resilient member of Canadian society
- 2.6 recognize the benefits of contributing to family and community
- 2.7 identify and promote support systems within the community

### Unit 3: Expanding Families

- 3.1 analyze how the trends in family size influence Canadian families and society
- 3.2 explore the decisions involved in becoming a parent and nurturing children
- 3.3 identify the needs of children and how the needs can be met by the family unit
- 3.4 recognize changes in personal identity, relationships, expectations, and family life cycle as a result of parenting

- 3.5 explore how the role of parenting is shared within Canadian society
- 3.6 identify community/social support systems for families with children

## Unit 4: Transition to Independence

- 4.1 analyze demographic trends of youth transitioning to adulthood and predict the implications for Canadian families and society
- 4.2 recognize the needs of and skills required by the emerging adult
- 4.3 apply Maslow's hierarchy to family needs through this transition
- 4.4 identify the role of family in developing citizenship skills
- 4.5 identify support resources for both the family and the emerging adult

## Unit 5: Families in Later Life

- 5.1 analyze demographic trends of family members transitioning to later life and predict the implications for Canadian families and society
- 5.2 demonstrate an understanding of the complexities of aging
- 5.3 recognize attitudes of families towards seniors depending on family dynamics and culture
- 5.4 identify the community supports for the aging family

## Unit 6: Independent Study Project

- 6.1 identify issues impacting families
- 6.2 complete an independent study project on a family related issue that reflects an understanding of family dynamics and development
- 6.3 reflect on and respond to issues shared by other students